



EUROPEAN MULTIDISCIPLINARY SUMMIT ON CARDIOLOGY DISEASES

RADISSON BLU OLIMPIA HOTEL - TALLINN

09-12 SEPTEMBER 2026

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DAY 1 "CARDIOMETABOLIC AND RENAL INTERSECTIONS" 09 SEPTEMBER 2026 - 12:30-17:30

12:30 - 13:30 OPENING

OPENING REMARKS AND CONGRESS VISION - DRITON BESNIK

13:30 - 15:00 SESSION 1 - CARDIO-DIABETES: THE FOOTPRINTS OF SUGAR ON THE HEART

- SGLT2 INHIBITORS AND GLP-1 RECEPTOR AGONISTS: ANTIDIABETIC AGENTS OR CARDIOPROTECTIVE TOOLS? - GIORGIA BIANCHI
- LDL TARGETS IN CV RISK MANAGEMENT: WHAT DO THE GUIDELINES RECOMMEND? - ELENA OBRENIC

15:00 - 15:30 COFFEE BREAK - NETWORKING & POSTER AREA VISIT

15:30 - 17:00 SESSION 2 - CARDIO-RENAL SYNDROME: THE SHARED FATE OF HEART AND KIDNEY

- MANAGEMENT OF HEART FAILURE IN CHRONIC KIDNEY DISEASE (CKD) - BEATRICA ROSSI
- CONTRAST-INDUCED NEPHROPATHY AND RENAL PROTECTION STRATEGIES IN ACUTE CORONARY SYNDROME - FEDERICA FOGACCI

17:00 - 17:30 SESSION 3 - THE ENDOCRINOLOGY CROSSROAD: THYROID AND ADRENAL AXIS

- SUBCLINICAL THYROID DISEASES AND ARRHYTHMIA MANAGEMENT - GIORGIA BIANCHI
- ENDOCRINE CAUSES IN SECONDARY HYPERTENSION: WHAT IS BEING OVERLOOKED? - HULYA CICEKCIOGLU

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DAY 2 - 10 SEPTEMBER 2026 - "NEUROLOGICAL, PSYCHIATRIC, AND RESPIRATORY TIES - 09:00-17:30

09:00 - 10:30 SESSION 4 - CARDIO-NEUROLOGY: THE HEART-BRAIN AXIS

- ATRIAL FIBRILLATION AND CRYPTOGENIC STROKE: ANTICOAGULATION—WHEN AND HOW? - TANER SEN
- BALANCING INTERVENTIONAL AND MEDICAL TREATMENT IN CAROTID ARTERIAL DISEASE - BEATRICA ROSSI

10:30 - 11:00 COFFEE BREAK

11:00 - 12:30 SESSION 5 - PSYCHO-CARDIOLOGY: THE IMPACT OF THE MIND ON THE HEART

- MANAGEMENT OF DEPRESSION AND ANXIETY POST-ACUTE CORONARY SYNDROME - AHMET ANIL BASKURT
- TAKOTSUBO CARDIOMYOPATHY (BROKEN HEART SYNDROME): NEUROLOGICAL AND PSYCHIATRIC TRIGGERS - DRITON BESNIK

12:30 - 13:30 - LUNCH BREAK

13:30 - 15:00 - SESSION 6 - CARDIO-PULMONARY INTERACTIONS

- OBSTRUCTIVE SLEEP APNEA (OSA) AND RESISTANT HYPERTENSION - ELENA OBRENIC
- PULMONARY ARTERIAL HYPERTENSION (PAH): A JOINT APPROACH BY PULMONOLOGY AND CARDIOLOGY - HULYA CICEKCIOGLU

15:00 - 15:30 - COFFEE BREAK

15:30 - 17:00 - INTERACTIVE - THE GRAND ROUND: MULTIDISCIPLINARY CASE DISCUSSIONS

- AN INTERACTIVE SESSION WITH CHALLENGING CASES MODERATED BY A NEUROLOGIST, CARDIOLOGIST, AND PSYCHIATRIST - SAIT TERZI

17:00 - 17:30 - PANEL - WOMEN AND CARDIOVASCULAR HEALTH

- PREGNANCY AND CVD: MANAGEMENT OF PERIPARTUM CARDIOMYOPATHY AND PREECLAMPSIA - BEATRICA ROSSI
- POSTMENOPAUSAL CV RISK INCREASE AND A CLOSER LOOK AT HORMONE REPLACEMENT THERAPIES - KURSAT AKBUGA

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DAY 3, 11 SEPTEMBER 2026 - "SYSTEMIC INFLAMMATION AND ONCOLOGICAL CHALLENGES" - 09:00-17:30

09:00 - 10:30 SESSION 7 - CARDIO-ONCOLOGY: PROTECTING THE HEART DURING CANCER THERAPY

- CARDIOTOXIC EFFECTS OF CHEMOTHERAPEUTIC AND IMMUNOTHERAPEUTIC AGENTS - TANER SEN
- MANAGEMENT OF ANTICOAGULATION AND THROMBOCYTOPENIA IN CANCER PATIENTS - FEDERICA FOGACCI

10:30 - 11:00 - COFFEE BREAK

11:00 - 12:30 - SESSION 8 - CARDIO-RHEUMATOLOGY: INFLAMMATION AS A COMMON DENOMINATOR

- ACCELERATED ATHEROSCLEROSIS IN RHEUMATOID ARTHRITIS AND LUPUS PATIENTS - AHMET ANIL BASKURT
- THE IMPACT OF ANTI-INFLAMMATORY THERAPIES ON CV RISK - ELENA OBRENIC

12:30 - 13:30 - LUNCH BREAK

13:30 - 15:00 - SESSION 9 - GASTROENTEROLOGY AND GERIATRICS SHARED FOCUS

- METABOLIC DYSFUNCTION-ASSOCIATED STEATOTIC LIVER DISEASE (MASLD/NAFLD) AND CV RISK - SAIT TERZI
- POLYPHARMACY IN THE GERIATRIC POPULATION: DRUG INTERACTIONS AND FRAILTY - DRITON BESNIK

15:00 - 15:30 - COFFEE BREAK

15:30 - 17:30 - SESSION 10 - PRE-TREATMENT RISK STRATIFICATION: MAPPING THE PATIENT'S BASELINE RISK IN ACCORDANCE WITH THE ESC GUIDELINES ON CARDIO-ONCOLOGY

- EARLY DETECTION TOOLS: THE ROLE OF GLOBAL LONGITUDINAL STRAIN (GLS) MEASUREMENTS IN ECHOCARDIOGRAPHY AS AN EARLY WARNING SIGN BEFORE A DECLINE IN LEFT VENTRICULAR EJECTION FRACTION (LVEF). - ELENA OBRENIC
- OPTIMAL TIMING FOR THE UTILIZATION OF BIOMARKERS (TROPONIN, NT-PROBNP) - BEATRICA ROSSI
- CARDIOPROTECTIVE STRATEGIES: WHEN AND IN WHICH PATIENT PROFILE SHOULD ACE INHIBITORS, BETA-BLOCKERS, AND STATINS BE INITIATED? - FEDERICA FOGACCI

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DAY 4 - 12 SEPTEMBER 2026 - "CARDIO-PULMONARY SYNERGY: ADVANCED MULTIDISCIPLINARY CARE" - 09:00-17:30

09:00 - 10:30 - SESSION 11 - ACUTE PULMONARY EMBOLISM: THE CORE OF MULTIDISCIPLINARY CRISIS

- RISK STRATIFICATION AND PERT (PULMONARY EMBOLISM RESPONSE TEAM) CONCEPTS - KURSAT AKBUGA
- CATHETER-DIRECTED THROMBOLYSIS VS. SYSTEMIC THROMBOLYSIS: CHOOSING THE RIGHT STRATEGY - BEATRICA ROSSI
- CHRONIC THROMBOEMBOLIC PULMONARY HYPERTENSION (CTEPH): FROM DIAGNOSTICS TO PULMONARY ENDARTERECTOMY - GIORGIA BIANCHI

10:30 - 11:00 - COFFEE BREAK

11:00 - 12:30 - SESSION 12 - ADVANCED DIAGNOSTICS: DIFFERENTIATING HEART AND LUNG PATHOLOGY

- THE DIAGNOSTIC DILEMMA OF ACUTE DYSPNEA: LUNG ULTRASOUND VS. ECHOCARDIOGRAPHY - GIORGIA BIANCHI
- CARDIOPULMONARY EXERCISE TESTING (CPET) IN CLINICAL PRACTICE: UNMASKING THE TRUE CAUSE OF EXERTIONAL DYSPNEA - TANER SEN

12:30 - 13:30 - LUNCH BREAK

13:30 - 15:00 - SESSION 13 - COPD AND CARDIOVASCULAR COMORBIDITIES: OVERLAPPING FRONTIERS

- CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD) AS AN INDEPENDENT RISK FACTOR FOR ISCHEMIC HEART DISEASE - SAIT TERZI
- BETA-BLOCKERS IN PATIENTS WITH CONCOMITANT COPD AND HEART FAILURE: MYTH VS. REALITY - FEDERICA FOGACCI
- ARRHYTHMIA MANAGEMENT DURING ACUTE COPD EXACERBATIONS - ELENA OBRENIC

15:00 - 15:30 - COFFEE BREAK

15:30 - 17:00 - PANEL & WORKSHOP - THE RIGHT HEART AND THE LUNG CONNECTION

- COR PULMONALE: PATHOPHYSIOLOGY AND INTEGRATED LONG-TERM MANAGEMENT - SERKAN KAHRAMAN
- NON-INVASIVE POSITIVE PRESSURE VENTILATION (NIPPV) IN ACUTE CARDIOGENIC PULMONARY EDEMA VS. HYPERCAPNIC RESPIRATORY FAILURE - BEATRICA ROSSI

17:00 - 17:30 - CLOSING - AWARD CEREMONY, ABSTRACT SUMMARIES, AND RATIONAL DRUG USE CLOSING SESSION - DRITON BESNIK