



AİLEVİ
HİPERKOLESTEROLEMİ
DERNEĞİ



FAMILIAL HYPERCHOLESTEROMIA ASSOCIATION

EUROPEAN CARDIOLOGY DAYS

FAMILIAL HYPERCHOLESTEROLEMIA SYMPOSIUM



Ramada Plaza by
Wyndham Milano / Italy

18-21 JUNE 2026

FAMILIAL HYPERCHOLESTEROMIA ASSOCIATION
EUROPEAN CARDIOLOGY DAYS
JUNE 18-21, 2026 - RAMADA PLAZA BY WNDHAM MILANO / ITALY

DAY 1, JUNE 18, 2026 - FAMILIAL HYPERCHOLESTEROLEMIA: DIAGNOSIS AND TREATMENT SESSION - 12:00-17:15

12:00 - 13:00 LUNCH

13:00 - 13:30 OPENING - DR. DRITON BESNIK

13:30 - 14:15 FAMILIAL HYPERCHOLESTEROLEMIA: DEFINITION, FREQUENCY AND SIGNIFICANCE OF THE DISEASE
PROF. DR. LALE TOKGÖZOĞLU

14:15 - 14:45 DISCUSSION

14:45 - 15:30 WHAT DO THE GUIDELINES SAY? ESC/EAS AH TREATMENT MANAGEMENT UPDATES?

15:30-16:00 DISCUSSION

16:00 - 16:45 HOW SHOULD CARDIOVASCULAR TREATMENT BE MANAGED IN A PATIENT WITH FAMILIAL HYPERCHOLESTEROLEMIA WHO IS CONSIDERING PREGNANCY?
PROF. DR. MERAL KAYIKÇIOĞLU

16:45 - 17:15 DISCUSSION

DAY 2, JUNE 19, 2026 - HYPERTENSION TREATMENT SESSION IN PATIENTS WITH FAMILIAL HYPERCHOLESTEROLEMIA - 09:30-17:00

09:30 - 10:15 FAMILIAL HYPERCHOLESTEROLEMIA: WHAT ARE THE ACCOMPANYING DISEASES AND HOW SHOULD TREATMENT BE PLANNED?
PROF. DR. ÖZCAN BAŞARAN

10:15- 10:30 DISCUSSION

10:30- 11:15 PRINCIPLES FOR THE USE OF ANTIHYPERTENSIVE DRUGS IN COMBINATION WITH STATINS IN FAMILIAL HYPERCHOLESTEROLEMIA
DR. FEDERICA FOGACCI

11:15 - 11:30 DISCUSSION

11:30 - 12:00 COFFEE BREAK

12:00 - 12:45 HOW SHOULD HYPERTENSION TREATMENT MANAGEMENT BE IN PATIENTS WITH FAMILIAL HYPERCHOLESTEROLEMIA?
PROF. DR. ÖZCAN BAŞARAN

12:45 - 13:00 DISCUSSION

13:00 - 14:00 LUNCH

14:00 - 14:45 HYPERTENSION TREATMENT STRATEGIES AND TREATMENT GOALS IN PATIENTS WITH FAMILIAL HYPERCHOLESTEROLEMIA ACCOMPANIED BY CURRENT GUIDELINE
RECOMMENDATIONS?

DR. GIORGIA BIANCHI

14:45 - 16:00 DISCUSSION

16:00 - 16:45 - HOW SHOULD HYPERTENSION BE MANAGED IN PATIENTS WITH FAMILIAL HYPERCHOLESTEROLEMIA WHO ALSO HAVE DIABETES AND CHRONIC KIDNEY FAILURE?
DR. ELENA OBRENIC

16:45 - 17:00 DISCUSSION

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DAY 3, JUNE 20, 2026 - HYPERLIPIDEMIA TREATMENT SESSION IN PATIENTS WITH FAMILIAL HYPERCHOLESTEROMIA - 09:30-16:30

09:30 - 10:15 WHAT SHOULD BE THE TARGET LDL IN PATIENTS WITH FAMILIAL HYPERCHOLESTEROMIA?
PROF. DR. LALE TOKGÖZOĞLU

10:15 - 10:30 DISCUSSION

10:30 - 11:00 COFFEE BREAK

11:00 - 11:45 HYPERCHOLESTEROMIA TREATMENT STRATEGIES AND TREATMENT GOALS ACCORDING TO CURRENT GUIDELINE RECOMMENDATIONS?

DR. BEATRICA ROSSI

11:45 - 12:00 DISCUSSION

12:00 - 12:45 MANAGEMENT OF HYPERLIPIDEMIA IN FH PATIENTS WHO HAVE EXPERIENCED A CARDIOVASCULAR EVENT?

12:45 - 13:00 DISCUSSION

13:00 - 14:00 LUNCH

14:00 - 14:45 STATIN INTOLERANCE AND OTHER BARRIERS TO TREATMENT
PROF. DR. MERAL KAYIKÇIOĞLU

14:45 - 15:00 DISCUSSION

15:00 - 15:30 COFFEE BREAK

15:30 - 16:15 TREATMENT BARRIERS AND OBSTACLES TO ACHIEVING TARGET VALUES IN FAMILIAL HYPERCHOLESTEROLEMIA

16:15 - 16:30 DISCUSSION

DAY 4, JUNE 21, 2026 - SESSION ON ANTIPLATELET THERAPY IN PATIENTS WITH FAMILIAL HYPERCHOLESTEROMIA - 09:30 - 16:00

09:30 - 10:30 PRINCIPLES OF ANTIPLATELET USE IN PATIENTS WITH FAMILIAL HYPERCHOLESTEROMIA?
DR. ELENA OBRENIC

10:30 - 11:00 DISCUSSION

11:00 - 11:30 COFFEE BREAK

11:30 - 12:30 WHAT ARE THE ANTIPLATELET THERAPY STRATEGIES AND TREATMENT GOALS ACCORDING TO CURRENT GUIDELINE RECOMMENDATIONS?

PROF. DR. ÖZCAN BAŞARAN

12:30 - 13:00 DISCUSSION

13:00 - 14:30 LUNCH

14:30 - 15:00 BREAK

15:00 - 16:00 CLOSING